

Good Morning Program

Providing a simple, free, and confidential daily telephone call-in system; ensuring the safety and well-being of older or disabled adults.

Calling to say that I am OK

Participants often live alone, are recovering from a medical condition, live with chronic illness, or are an isolated caregiver looking for additional support.

Call 725-6621 ext. 4310 to find out more

The Good Morning Program does not replace or provide emergency services, referral services, transportation, or give medical or legal advice.

ELIGIBLE ADULTS

- Living in Brunswick, Harpswell or Freeport
- Living alone or recovering from a medical condition
 OR an isolated caregiver

Registration forms are available at all participating town halls.
Completed registration forms must be returned to the <u>Brunswick Police Department</u> (85 Pleasant Street, Maine 04011).

If you need assistance completing the forms or if you have any questions regarding the program, please call People Plus: **729-0757** or the non-emergency for the Police Dept.: **725-6621** ext. 4310.

People Plus gratefully acknowledges:

- The towns of Brunswick, Freeport and Harpswell
- The Brunswick and Freeport Police Departments, Cumberland County Sheriff
- United Way of Mid Coast Maine





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