

Stonewood Trail

Stonewood Trail links the Sayles Field and Bliss Woods trails. The trail can be accessed via a trailhead 0.3 mile from the main trail.

Directions: Trailhead and parking are at the end of Stonewood Drive, which is off of Route 1 across from Freeport Ski & Bike.



Sayles Field

This 70-acre FCT property has 2 miles of trail looping through field and forest. Dogs must be kept on a leash within 500' of the road. Visitors can walk through to Bliss Woods via Stonewood Trail, which is accessed from



the northwest corner of Sayles Woods.

Directions: The entrance to Sayles Field is on the left side of Pine Street a short walk north of the four corners in South Freeport. Park on South Freeport Road.



Bliss Woods Trail

New England Forestry Foundation owns and manages 85 acres of working forest at Bliss Woods. FCT holds an easement on the property. A 1-mile trail loops around the woods. The Stonewood Trail to Sayles Field leaves from the northeast corner.



Directions:

The trailhead and parking are located on the north



side of the South Freeport Road, about 0.5 mile from the "Big Indian" on Route 1. Look for the Bliss Woods sign.

Ridge Trail

About a mile round trip, this trail offers glimpses of Casco Bay and high views down to Pine Street. This walk can be done as a loop on parallel paths, exiting via the water tower access road. Follow the white blazes and you will stay on FCT-protected property.

Directions: The entrance to the Ridge Trail is just north of the four corners in South Freeport on the right side of Pine Street. Park on South Freeport Road.





